

● BEHAVIORAL & MENTAL ● HEALTH RESOURCE FAIR

2025 Exhibitor Guide



2025 EXHIBITORS



Al-Anon & Alateen

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help.

Alateen, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking, whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers in similar situations. Alateen is not a religious program, and there are no fees or dues to belong to it.

AM Counseling & Consulting



Our goal is to minimize the disparities in availability and access to quality mental health services among the underserved Latino population of Nebraska. Our group will serve to enhance awareness and destigmatize mental health problems and services for people with mental illness, their care-givers and loved ones through education, support, empowerment, and coordination of resources. We will strive to provide services that are culturally competent, aware of socio-economic disparities, and available in the client's language.

Autism Learning Collaborative



At Autism Learning Collaborative, we offer a wide range of ABA (Applied Behavioral Analysis) therapy services in the West Omaha and Bellevue area. We serve children with autism (ages 18 months to 16 years old) and our services include in-home, center-based, telehealth and social skills services. Our approach is "One skill. One success. One child at a time." Our team is committed to the progress of every individual with autism we serve – to ensure each can access their environment and unlock their full potential. Our clinicians are passionate about the work we do, and the families we serve. We work closely with both the families we serve and members of their communities, to ensure progress towards each child's goals.

Be Kind Counseling



The dedicated team of therapists at Be Kind Counseling bring decades of education, experience, and training to support you or your loved ones through trauma, anxiety, depression, and more, all in a confidential setting or via our HIPAA-compliant telehealth platform. We adopt a collaborative approach, with therapists specializing in evidence-based treatments for children, teens, and adults. Whether for a brief or extended period, we equip you with skills to improve your life and family dynamics.

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BOYS & GIRLS CLUBS
OF THE MIDLANDS

Boys & Girls Clubs of the Midlands

Boys & Girls Clubs of the Midlands is dedicated to providing a safe, supportive, and engaging environment where young people can thrive. Guided by our mission to inspire and enable all youth—especially those who need us most—we offer programs and services that help members realize their full potential as productive, responsible, healthy, and caring individuals.

Our Clubs serve as vital community hubs, offering academic support, leadership development, healthy lifestyle education, arts, and recreational activities. We focus on equipping youth with the skills, confidence, and opportunities they need to succeed in school, build strong character, and make positive life choices. By fostering meaningful relationships with caring adult mentors and providing access to enriching experiences, Boys & Girls Clubs of the Midlands helps bridge opportunity gaps and empowers youth to create bright futures for themselves and their communities.

Boys Town

For over a century, Boys Town has been a national leader in transforming care for children and families. Its mission is to change the way America cares for children, families, and communities through compassionate, research and evidence-based services.



Mental health is central to this mission. Boys Town offers a collaborative behavioral health environment where licensed clinical psychologists, child and adolescent psychiatrists, specialty pediatricians provide personalized care. Services include outpatient mental health services, child and adolescent psychiatry, inpatient psychiatric care, and a Psychiatric Residential Treatment Center, addressing issues like anxiety, depression, suicidal ideation, and disruptive behavior. With services tailored to each child's needs and a commitment to holistic wellness, Boys Town continues to offer hope and healing to families here in the Midwest and nationwide.

Boys Town National Hotline

The Boys Town National Hotline is available 24 hours a day, 365 days a year. It is staffed by specially trained crisis counselors who listen and provide support, assess safety issues, and offer additional resources when needed. The BT Hotline is accredited by the American Association of Suicidology (AAS). BTNH is also part of a network of crisis centers who answer calls for the 988/National Suicide Prevention Lifeline. As one of Lifeline's national back up centers, BTNH takes calls from people across the country, as well as those who call the number locally from Nebraska.



Your Life Your Voice – www.yourlifeyourvoice.org. As a leader in raising awareness of suicide prevention and providing support to teens, Boys Town National Hotline established Your Life Your Voice specifically for teens. The site provides the opportunity to reach out for support and ask questions via phone, text, or email. There are tips and tools available on the site for kids (as well as parents and teachers) that provide additional guidance in dealing with the everyday issues that teens face. A free app called My Life My Voice is also available for download on the website for teens to track their moods and journal their feelings.

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Building Resilient Minds

Trainings for youth serving professionals on trauma responsive practices, mindfulness, behavior management, etc., Systems consulting, data and evaluation, speaking services on youth mental health, mental health merch to brighten someone's day!

The Center for Holistic Development



The Center for Holistic Development, Inc. (CHD) was founded in June 2001 to provide an alternative to traditional behavioral healthcare services. Our founder and CEO, Doris Moore is committed to individual personal potential and community empowerment as the impetus for CHD's existence. Our mission is to serve a diverse community by providing holistic behavioral healthcare services and educational programs to individuals, families and groups.

CenterPointe

CenterPointe's Campus for Hope is a residential treatment facility dedicated to supporting underserved individuals in the Omaha area who are working toward recovery from substance use and mental health challenges.



We provide both short- and long-term residential treatment for people with co-occurring disorders, offering a safe and supportive environment where healing can begin. We now offer same-day assessments and outpatient psychiatric services, including medication management, ensuring timely and ongoing support. An Intensive Outpatient Program is also in development and will launch soon, expanding the continuum of care so individuals can find the right level of treatment when they need it.

CenterPointe's unique approach focuses on person-centered, trauma-informed, and whole-person care. Our approach is guided by evidence-based practices that look beyond symptoms to address the full range of needs-mental, physical, and emotional. Our mission is at the heart of every service we provide, helping people get better, sooner, for longer.

CHI Health



Our clinically- trained staff, including physicians, nurse practitioners, psychologists, nurses, and therapists, will listen to you and work to identify the service that best meets you and your loved one's unique needs. Every situation is different, and our program highlights include comprehensive evaluations for mental health and substance abuse, medication management, individual therapy, group therapy, family therapy, psychological testing, and educational classes.

CHI Health is dedicated to healing the body, mind, and spirit of every patient we serve. We deliver personalized care that focuses on your strengths and involves the important people in your life. We provide a safe, caring environment where we recognize you as a unique individual with your own life goals. Our supportive staff is truly committed to bringing hope, compassion, and dignity to your healing journey.

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Child Saving Institute

The Child Saving Institute (CSI) exists to serve the changing needs of children and families in the Omaha area. For more than 133 years, we've worked to provide diverse programs and services, help strengthen families and communities, and offer a spectrum of support for the people we serve. Our team is committed to finding the right path and combination of services to meet each child and every family where they are. With Heart & Humanity, each year, we serve nearly 3,500 children and families through our 12 program offerings. We offer early childhood education & classroom support services, pediatric and adolescent therapy, medication management, domestic violence recovery and support, foster care support, and a youth emergency shelter, among many other offerings. To learn more, please visit us childsaving.org or give us a call at 402-553-6000!



Community Alliance

Community Alliance

We are Community Alliance, an integrated healthcare organization that offers a whole-person approach, including psychiatric services, mental health and substance use counseling, primary medical care, and a range of rehabilitation, employment; community supports, and family and peer support. We meet you where you are, and work to address your specific needs. Our quality of care has earned us top-tier national accreditation scores. The hope, integrity, and respect we bring to people who struggle with mental illness and other mental health challenges is why we are a place where recovery is a reality.



Completely KIDS

Completely KIDS educates and empowers KIDS and families to create a safe, healthy, successful and connected community. Our Mental Health team consists of 3 full-time therapist, 1 part-time therapists, plus the Clinical Director who is also bilingual. Together we work with individuals and in group settings on location to provide mental health services to enhance resiliency, impart coping mechanisms and encourage self-care. Our skills-based groups are offered year-round. These groups differ in topic and provide different skills and techniques to help kids learn positive ways to cope with everyday life struggles. Individual therapy is facilitated at the students' school site or at our CK main office during program time.



Cooperation with the Professional Community & Public Information (CPC/PI)

Members of the CPC/PI committee work with professionals and future professionals on the program, Alcoholics Anonymous. Our committee provides information about AA to those who have contact with alcoholics (and potential alcoholics) through their profession.

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Eastern Nebraska Office on Aging

ENOA's mission is to promote choice and enhance the wellbeing and dignity of aging adults, caregivers, adults with disabilities, and those with the greatest economic need so they may live independently.

EDCare

EDCare is a privately held organization with more than 24 years of experience helping individuals and families navigate the challenges of eating disorders. We believe everyone deserves affirming, validating care, which is why empathy and compassion guide everything we do. Our expert team is dedicated to fostering hope, strengthening personal well-being, and supporting lasting recovery.

With centers in Colorado, Kansas, and Nebraska, EDCare offers personalized treatment plans developed by a multidisciplinary team of specialists. Our gender-inclusive Omaha program provides a safe, nonjudgmental space for adults 18 and older, while additional programs across our locations ensure care is accessible to people of all ages and needs.

By blending clinical expertise with a supportive environment, EDCare empowers patients to move forward with confidence. Recovery is possible, and we are committed to walking alongside you every step of the way.

EDCare Omaha is in-network with most major insurance providers, including Nebraska Total Care and TRICARE West. We also offer housing accommodations and virtual treatment options for added flexibility. Call today (402) 408-0294 or visit us online to schedule a free, confidential assessment and take the first step toward recovery.

Education Rights Counsel

Education Rights Counsel's (ERC) mission is to create systemic change by removing legal barriers to educational equity. ERC ensures that all children stay in school and thrive by providing education consultations, direct limited representation for education matters, and by building an alliance of educational advocates through training and coaching.

Ellie Mental Health - La Vista

Our mission is to compassionately transform the culture of mental health care by providing creative solutions that make wellness accessible in every community. And while we know that caring for your mental health and being vulnerable with someone you just met can seem scary, we do everything that we can to make each Ellie appointment as comfortable and as fun as possible. We aim to walk along this journey with you and provide you with a comfortable place to talk, decompress, do the work, and heal.



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FER FOUNDATION

Fern Foundation

Fern Foundation is a local nonprofit teaching self-regulation skills to children ages 3 to 12 through free mindfulness-based classes. Dedicated to providing free mindfulness-based self-regulation classes for children aged 5–12, including sensory-sensitive kids and younger siblings with caregivers. Our mission is to create safe, supportive, and inclusive spaces where children can learn to navigate emotions, build self-awareness, and develop tools for confidence and resilience.

Fern Foundation also supports families and caregivers by offering affordable Mommy & Me, and Family Yoga + Mindfulness classes. Our programs take place in parks, libraries, community spaces, and other accessible locations, ensuring that every child has the opportunity to benefit from mindfulness-based regulation practices, regardless of financial means. Fern Foundation's goal is to empower children to navigate life with confidence, emotional awareness, and balance.

FernVibes

Fern Vibes provides mindfulness-based self-regulation tools and resources designed to support the nervous system health, emotional well-being, and resilience of both children and adults. Our mission is to empower families, educators, and caregivers with practical, trauma-informed strategies to navigate overstimulation, stress, and emotional challenges with confidence and ease through trauma informed yoga, relaxation techniques and creative activities.

For adults and caregivers, we provide mindfulness workshops, sessions and training for self-regulation tools, guiding participants to integrate self-regulation techniques into daily life, reduce overwhelm, and cultivate calm, grounded energy.

Fern Vibes is dedicated to supporting the next generation and those guiding them, creating spaces for emotional growth, connection, and resilience.

First Responders Foundation

The First Responders Foundation honors those who serve by providing the critical support they and their families need physically, mentally, and emotionally. The behavioral health program offers therapy services, debriefing support post critical incidents, and various trainings. The physical health program consists of Gracie Jiu Jitsu classes for all levels and ages. JAVELAN is the FRF's service dog training program which provides funding and training to first responders and military veterans.

Heartland Family Service

The mission of Heartland Family Service is to strengthen individuals, families, and communities through advocacy, education, counseling, and support services.



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HETRA- Heartland Equine Therapeutic Riding Academy

At Heartland Equine Therapeutic Riding Academy (HETRA), we believe in the transformative power of horses. As a non-profit 501(c)(3) organization, our mission is simple yet profound: to improve the quality of life, both physically and emotionally, of adults and children of all ability levels through equine-assisted activities.

Inner Circle Autism Network



Inner Circle Autism Network is a leading provider of play-based ABA Therapy in Omaha. Our center-based programs are customized to support each child and family by offering supports for behavioral challenges, building communication and social skills, and preparing children for success in school. By working closely with caregivers, schools, therapists, and medical professionals, we create an inner circle of care and collaboration for each child we serve.



Joy Brings Light

Joy Brings Light is a leadership development company that exists to support individuals and organizations who are embracing their true potential and fostering environments where people can thrive with confidence, authenticity, and empowerment.

Our services include immersive sound healing experiences that support nervous system regulation, clarity, and presence; development facilitation that cultivates sustainable leadership and emotional intelligence; and speaking engagements designed to center care, clarity, and intentionality. At Joy Brings Light, we believe thriving people build and maintain thriving systems.

Methodist Community Counseling Program



Our licensed mental health therapists are proud to have offered accessible, affordable behavioral health services in the Omaha metro area and in the Omaha Public Schools since 1996. We support clients ages 12 through adulthood with outpatient therapy. No one is turned away due to the inability to pay. We accept most insurance providers and Medicaid. Financial assistance is available for those in need. Learn more at www.BestCare.org/CCP

NAMI Nebraska



NAMI Nebraska provides high-quality, evidence-based education and support services to effect positive change for those impacted by mental illness. NAMI NE works to improve services and quality of life for people with mental illness and their families.

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Nebraska Children's Home Society

Since 1893, children have been at the forefront of everything we do. Our connections to community resources, educational classes, and support groups help you build a safe and loving home for the children in your care.



Nebraska Commission for the Deaf and Hard of Hearing

The Nebraska Commission for the Deaf and Hard of Hearing (NCDHH) is a proactive state agency committed to improving the quality of life for Deaf, DeafBlind, and Hard of Hearing Nebraskans. We provide advocacy, oversight, and information to advance communication access and strengthen equity across all sectors of society.

Together, we work toward a Nebraska where communication access is foundational to public life—ensuring every person has the opportunity to participate fully and equitably.



Nebraska Lifespan Respite Network

The Nebraska Lifespan Respite Network provides short-term breaks to unpaid family caregivers in Nebraska, to help caregivers improve and maintain their mental and physical health, and to remind them that there is life outside of caregiving.



Nebraska Resource Project for Vulnerable Young Children

Our motto: Nurture. Heal. Thrive. We focus on three main areas: Infant & Early Childhood Mental Health (IECMH), Reflective Practice, and Court Infusion. At the heart of everything we do is one core belief—the power of relationships.

We offer a wide range of trainings and support for professionals doing the vital, challenging work of supporting children and families. This includes training in two models of reflective practice and IECMH for all professionals, plus specialized training for clinicians. Our reflective practice trainings help you navigate the emotional demands of your work, reducing stress and preventing burnout. Our IECMH services equip you with strategies to prevent or lessen the impact of adverse experiences—helping children, families, and communities thrive.



Nebraska Total Care

Established to deliver quality healthcare in the state of Nebraska through local, regional and community-based resources, Nebraska Total Care is a Managed Care Organization and subsidiary of Centene Corporation (Centene). Nebraska Total Care exists to improve the health of its beneficiaries through focused, compassionate and coordinated care.

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Nebraska Urban Indian Health & Wellness Clinic

We are a non-profit agency whose mission is to elevate the health status of Urban Indians and other underserved populations.

We address health disparities through education, collaboration, advocacy and health service delivery. Our program include: clinic, mental health services, youth group and tired Moccasins.

Northpoint Recovery

Imagine by Northpoint is an outpatient treatment center dedicated to supporting adolescents and their families who are impacted by mental health and substance use concerns. We provide a safe and supportive environment where teens can access care while continuing with school and home life. Our services include individual and group therapy, intensive outpatient programming, and family involvement designed to strengthen relationships and encourage lasting progress.

Our mission is to expand access to quality, evidence-based treatment that helps young people build healthier lives and stronger connections. We take a whole-person approach that addresses both mental health and addiction, understanding that many adolescents experience challenges in both areas. Our team of licensed professionals works closely with each teen and their family to create personalized treatment plans that reflect their needs and goals.



Omaha DBSA New Hope Chapter

Our Omaha chapter of DBSA provides peer support for people living with depression, bipolar disorder, or another mood disorder, as well as their family and friends. We do this through lively discussion, heartfelt sharing times, with frequent laughter and sometimes tears. We're here to help through good times and bad, your issues and concerns, with camaraderie and compassion.

While we meet at Morning Star Lutheran Church, we are a not a faith based group. Our topics and discussions are based in our life experiences. Come join us for our weekly gathering, Thursdays at 7 PM.

New members are always welcome, just show up. The first trip in from the parking lot can be the hardest part – come on in, we're friendly, and we'll be proud of you for making it!



**Depression and Bipolar
Support Alliance**

Omaha Home for Boys

The OHB Clinical Services Program provides a wide range of trauma-informed, strengths-based behavioral health, mental health, and substance abuse services. These services prioritize education, skill-building, and goal achievement to help individuals thrive. While focused on OHB youth, the program also serves youth and families in the broader community.



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Project Extra Mile

Our organization's mission is to advocate for evidence-based policies & practices to prevent & reduce alcohol-related harms in our communities. We work to achieve this through policy changes, enforcement collaborations, community engagement, youth engagement, and media advocacy.



Project Harmony - Connections

Our mission is to protect and support children, collaborate with professionals and engage the community to end child abuse and neglect. Connections brings therapists, schools, students and parents together to provide accessible, supportive mental health care for Omaha-area children.



Region 6 Behavioral Healthcare

At Region 6, it's our mission to organize and provide an effective and efficient system of quality behavioral health services for the people of Cass, Dodge, Douglas, Sarpy, and Washington counties. Our vision is to provide leadership through collaborative efforts with stake holders for a united and comprehensive behavioral health system responsive to community needs and preferences.

RESPECT

Our Mission Statement is Building Healthy Relationships Using Theatre and Community Collaboration. And our goal is Staging Conversations, with a vision of Healthy Relationships for All. Our organization is formed of professional actor-educators, led by a child psychologist, advised by community organizations, and we function as a data-driven organization.

We visit schools and communities – in person or virtually – to present educational plays and STAGE CONVERSATIONS to prevent violence, bullying, and child abuse. Our programs and theatrical content are flexible and changing – and flow directly from the input we receive from students, parents, educators, and community partners. We strive to be meaningful to students and supportive to those who invite us to present for their students at all times.

RESPECT provides a safe and collaborative environment in which audiences are invited to “try-on” new behaviors, practice new skills and reimagine how to handle difficult situations.



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SafeNetRx

SafeNetRx's mission is to solve medication inequity through the responsible collection and distribution of donated medicines. As medication affordability continues to be a critical challenge, our program helps close this gap by providing eligible Nebraskans with free access to unopened, unexpired donated medications—ensuring life-saving treatments reach patients who need them most.

Through collaboration with healthcare providers, pharmacies, and community partners, SafeNetRx recovers medications that would otherwise go unused and redirects them to those facing barriers to care. With Nebraska state infrastructure and support now in place, we are eager to expand our reach and explore opportunities to partner with local organizations, clinics, and providers. Together, we can reduce waste, improve health outcomes, and strengthen access to essential medicines for Nebraska patients.



Santa Monica, Inc

Our mission is to provide a continuum of care that empowers women to live productively drug and alcohol free. Through a series of progressive stepdown programs allowing women to remain under one umbrella of care.



School Community Intervention & Prevention (SCIP)

Provide effective prevention education for schools, families and communities, equipping schools with early intervention tools for students with behavioral health concerns so they may achieve healthy, productive lives.



The Kim Foundation

Since 2001, The Kim Foundation has worked to increase awareness around mental health and suicide prevention in Nebraska, serving as a communication and connection link between individuals, organizations and communities. Local data and national best practices inform our legislative advocacy, awareness campaigns and free programming to support suicide loss survivors and educate anyone who is interested in helping others.



Unity Youth
& Family Services

Unity Youth & Family Services

We understand how the stress and the high expectations of being a grown-up can be too much. We are passionate about working with adults struggling to fit all the pieces together in a unified way.

Let's put an end to the endless battles and put you in a place where you feel confident again. Together, we can make the overwhelming conflicts a thing of the past. If you're ready to feel better, we can help!

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WELLBEING INITIATIVE

Wellbeing Initiative

We provide peer support and support groups for free.



**WILD
FLOWER
COLLECTIVE**

Wildflower Collective

The Wildflower Collective is a local mental health counseling collective providing compassionate, trauma-informed, and culturally responsive therapy for individuals and couples - with a focus on serving women, immigrants, LGBTQ folks and members of other disempowered groups in Omaha and across Nebraska. Our licensed therapists guide clients in skills-based, creative expression, and depth-oriented therapy modalities that traverse physical, emotional, cognitive, social and spiritual domains to address the root causes of issues and create lives of truth, meaning, and wellbeing.



**YOUTH
EMERGEN
SERVICES**

Youth Emergency Services

Youth Emergency Services (YES) is the Omaha area's only organization dedicated solely to helping homeless and near-homeless youth and young adults. YES offers a full continuum of care—from immediate support like food, shelter, and climate relief at our Drop-In Center to longer-term housing solutions through our Emergency Shelter, Transitional Living Program, and Maternity Group Home.

Our wraparound mental health services include individual and group therapy, assessments, and referrals, all provided in a trauma-informed, client-centered environment. We meet youth where they are and tailor care plans to support emotional stability and long-term resilience.

YES also offers specialized case management and weekly support groups across all programs. We help youth build life skills, confidence, and independence by focusing on goal-setting, accountability, relationship building, and employment readiness.

Our mission is to ensure youth homelessness is a temporary challenge—not a lifelong barrier.

**Thank you for attending the
2025 Behavioral and Mental Health Resource Fair
hosted by The Kim Foundation!**