



**Dear Parents/Guardians,**

Your high school student has been selected by their school's faculty and staff to attend the EmPOWER Youth Summit. Presented by The Kim Foundation, the EmPOWER Youth Summit brings together students from Metro-area high schools for a day focused on mental wellness, resilience, and hope. The goal of the summit is for students to leave feeling informed, supported, and better equipped to advocate for themselves and others. The summit will take place on **Thursday, March 26, from 8:30 a.m. to 2:30 p.m.** at Bellevue Christian Center (*the venue is not affiliated with the content of the summit; there is no religious component to this event*).

**The agenda will include:**

- Keynote: Foster Huggins – international speaker who will share his powerful message of hope, resilience, and the reminder that our lives are worth living.
- Resource Fair featuring youth-serving organizations from across the Metro
- Breakout sessions focused on empowering youth with tools to support mental wellbeing, manage stress and anxiety, navigate peer relationships, and seek support for themselves or others
- Lunch will be provided
- While the content for the day will be hopeful, there may be some sensitive topics discussed. Trained counselors from Boys Town will be on-site throughout the day and available should any student need additional support.

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**EmPOWER Youth Summit Parent/Guardian Permission Form:**

\_\_\_\_\_ has my permission  
to attend the EmPOWER Youth Summit on March 26, 2026.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Photo/Media Release**

I hereby grant permission for photographs, video, and/or digital images of my high school student,  
\_\_\_\_\_, taken during the EmPOWER Youth Summit, to be used by The  
Kim Foundation for educational, promotional, and informational purposes, including print and digital publications. I  
understand that no compensation will be provided and that these images may be used without identifying my student by  
name.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_