

2025 IMPACT + 25 YEARS



SUPPORTING MENTAL HEALTH
ADVOCACY AND SUICIDE PREVENTION



A MESSAGE FROM OUR EXECUTIVE DIRECTOR

Dear Friends:

As we step into **The Kim Foundation's 25th year**, we pause with deep gratitude for the partnerships and community support that have shaped our journey. For 25 years, you have stood beside **The Kim Foundation** – making it possible to advance our mission of preventing suicide, raising awareness, and walking alongside survivors during some of life's most difficult moments.

Because of you, we have helped reduce the stigma surrounding suicide by educating more than **100,000** community leaders, professionals, and advocates through trainings, conferences, and events. Together, we have strengthened mental health programs through grants and the distribution of lethal means safety items – expanding access to lifesaving support across our community.

Looking ahead, The Kim Foundation will take an even more active role in closing critical gaps in suicide prevention and post-crisis care. We will focus on reaching the most vulnerable members of our community with timely, compassionate support. In 2025 alone, our outreach efforts, educational programs, and community

engagements connected with more than **20,000 individuals**. Each conversation, each resource shared, and each life touched creates a ripple of hope that extends far beyond what we can see.

This year, we launched strategic partnerships with Omaha Public Schools, Children's Nebraska, and the Behavioral Health Education Center of Nebraska to address urgent gaps in youth suicide prevention and strengthen workforce development in behavioral health. These collaborations are key to providing tools and support to young people, educators and providers.

While we are proud of how far we have come, we know the work is far from finished. With the continued commitment of our community partners, we will expand our programs, deepen our impact, and continue instilling hope in families, schools, and neighborhoods across our region.

Thank you for helping us build a future where no one struggles alone.

With Gratitude,



Molly Mullin Verble, M.Ed.

Executive Director



Molly Mullin Verble celebrates A Night Out with the Courtnage Family. From left: Craig Wolf, Vicki Witkovski, Larry Courtnage, Molly Mullin Verble, Kathy Courtnage, Mark Wolf

25 YEARS OF HOPE



This year, The Kim Foundation marks an important milestone: 25 years of serving our community with compassion, purpose, and a steadfast commitment to preventing suicide. This moment offers an opportunity to reflect on where we began, and where we're headed.

The Kim Foundation was founded in 2001 as a lasting memory of Larry Courtnage's daughter,

Kim, who lived with mental health conditions and died by suicide. He vowed to continue building awareness around a topic that is still surrounded by far too much stigma and to help other families avoid experiences his family encountered through Kim's treatment and recovery process.

Since its inception, our priorities and initiatives have shifted and grown, but our commitment to supporting and promoting mental health and suicide prevention remains at the core of what we do.

Today, The Kim Foundation is best known for its work in suicide prevention and postvention, mental health awareness, and building meaningful community connection. Through research-informed training, youth-focused programming, community outreach, and public education initiatives, we work to normalize conversations about mental health and ensure people know how and when to seek support for themselves or others. This includes leading postvention efforts through the Metro Area LOSS Team (Local Outreach to Suicide Survivors), supporting individuals and families after a suicide loss in partnership with local law enforcement and in collaboration with LOSS Teams across Nebraska.

In recent years, our work has continued to grow through our Brighter Tomorrows initiative, enabling us to develop and expand programs and partnerships that address emerging gaps in support.

As we celebrate 25 years, we do so with gratitude for the volunteers, partners, educators, supporters, and advocates who have walked alongside us. This anniversary is not just a reflection on our past; it's a recommitment to the work ahead, and to building brighter tomorrows for generations to come.

"It is organizations like The Kim Foundation that give us youth hope. Hope that it is possible to change pressing societal issues such as mental health awareness and suicide prevention. TKF has provided not only an opportunity, but a platform for the youth to be heard. They don't just give us a helping hand, but instead use their resources to provide us with a ladder to rise above those who would happily cover us with their thoughts."

Julyssa Ruiz, Student



Larry and Kathy Courtnage

2001



Larry Courtnage founds The Kim Foundation.

2004



Larry was a key supporter of LB 1083, that reorganized how the state of Nebraska administers mental health and substance use services.

2025 IMPACT

SUICIDE PREVENTION TRAININGS AND MENTAL HEALTH WORKSHOPS



POST-TRAINING EVALUATIONS



OVERALL IMPACT



On average, participants rated the effectiveness of our suicide prevention and mental health trainings a 4.7 out of 5.

"From our perspective, it's refreshing and encouraging to work alongside an organization that truly gets it—that understands the importance of showing up for people in their hardest moments, and doing it with compassion, purpose, and hope. Your dedication doesn't go unnoticed."

Sgt. Jason Heft

Behavioral Health and Wellness Unit

Omaha Police Department



2015



The Metro Area LOSS Team was founded by The Kim Foundation in 2015.

2016



Metro Area Suicide Prevention Coalition is launched.

20,965 individuals reached through direct education and community outreach

COMMUNITY OUTREACH



40

community booths providing resources for youth and families



LETHAL MEANS SAFETY

150+

firearm locks distributed

230+

medication lockboxes distributed

450+

medication dissolving Deterra packs distributed

METRO AREA LOSS TEAM



170+

grief resource packets mailed

200+

attendees at the Annual LOSS Team Conference

6

close partnerships with area law enforcement agencies



Youth Feedback

"I'm glad you guys do this because, it's very useful to know there are people out there to help you or someone you know, and you don't have to deal with it all by yourself!"

"You're changing lives."

2025 NEBRASKA SCHOOL MENTAL HEALTH CONFERENCE



345

attendees

57

Nebraska school districts

205,244

students impacted by educators in attendance

Adult Feedback

"This training was excellent. The trainer was thoughtful and sensitive to the group's needs. I would recommend this training to anyone, not just human services professionals."

"The presenter was amazing! She was knowledgeable and passionate. One of the best suicide prevention trainings I have been to."

2022



First EmPOWER Youth Summit is held.

2023



TKF transitions to a private operating foundation, leading to enhanced and expanded direct programming in the community.

ABOUT THE KIM FOUNDATION

The Kim Foundation works to increase education and advocacy around mental health and suicide prevention, serving as a resource for communities in Nebraska. Local data and national best practices inform our events, conferences, and programming initiatives to support suicide prevention, mental health awareness, and post-suicide support for loss survivors.

Our work is focused on:

- Delivering Education
- Supporting Survivors
- Spreading Awareness

"The Kim Foundations' longstanding reputation in Omaha as a champion for suicide prevention is well earned. Each year, the organization delivers over 200 trainings in schools and community settings and leads the EmPOWER Youth Summit, bringing mental health awareness and education to students across the grade levels."

Sabrina Schalley, LCSW

Director, Behavioral Health Integration

Children's Nebraska

INITIATIVES

Brighter Tomorrows Outreach & Education

Healing Starts Here

Linked by Legacy

Metro Area LOSS Team (Local Outreach to Suicide Survivors)

Metro Area Suicide Prevention Coalition (MASPC)

Our Minds Matter

Youth Advisory Council

EVENTS

A Night Out

EmPOWER Youth Summit

National LOSS Team Conference

School Mental Health Conference

STAFF

Molly Mullin Verble, M.Ed.

Executive Director

Kerri Armstrong

Director of Operations and Coordinator of Metro Area LOSS Team

Molly Woodman

Director of Community Engagement

Ashlee Zaragoza

Director of Programs

Linda Murillo Kennedy

Program Specialist

Sidney Spencer

Director of Events & Stewardship

Allison Burger

Operations Specialist

BOARD OF DIRECTORS

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Business owner for Cheer Athletics and AEF Basketball Academy

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Business owner for Fowling Omaha

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